This sounds much more complicated that it actually is. People think of the word ‘audit’ and somehow it’s a long and arduous process. Really, it’s about taking a look at your clothes and finding the gaps you want to fill.

The first time I did this it took me a few hours, separated over a few days. Now before I make something I just do a quick check to make sure what I have I mind and the fabric I want will go with other items I already own. This is what I mean by clothes working hard. If you make something which goes with nothing you already own, is that cost effective? That’s not to say I am always so disciplined, but it’s always a good idea.

**Who is this activity for?**

Anyone who want to make a garment and want the final product to be versatile

**Why do this activity?**

You can feel confident you are not going to impulse buy and do nothing with it after

It helps you create a more sustainable wardrobe

You will get a sense of achievement after making it

Investing a bit of time at this stage means you’ll invest time at the making stage

**Length of activity**: a few hours

* + - 1. For this first step, set yourself one hour.

Look through your clothing and accessories and count up the numbers of each, write them down:

Skirt

Knitwear

Earrings

Blouse

Handbag

Necklace

Dress

Coat

Trousers

Shoes

Belt

Scarf

Bracelet

Sunglasses

Jumpsuit

Jacket

Cardigan

T-shirt

Shorts

Boots

* + - 1. Note down the main colour choices for each section.
      2. Is there an overriding colour in a particular section ie. if all your blouses are neutral colours, do you want one that provides a pop of colour?

Just by looking at your items, what do you think you need more of?

Why?

What colours (that you would like to wear) are

missing?   
want more of?

Make a note of the colours you want more of in your wardrobe

Now look at the numbers of each particular item. Some you might realise you have too many of, some you think you may need more.

What items are lacking in your wardrobe?

Now you have identified garments and colours you would like to create

Next is to then consider this:

If I made a (\_\_\_*colour*\_\_\_\_\_\_\_\_\_\_\_) (\_\_\_\_\_*garment*\_\_\_\_\_\_\_) I could wear it with (select 5 other items you own or are going to make)

EXAMPLE:

If I made a *teal* *green* dress, I could wear it with

Pink jumper

Teal coat and cream bag

Red cardigan and blue bag

Standalone item with sandals

Blue blazer and pink scarf

This is a really good exercise to do because you’ve already thought about how it will seamlessly integrate with what you already own. Before you’ve even bought the fabric and pattern, you’ll be confident it will work with what you have already.

* + - 1. Go to www.robeandrouge.co.uk and select 3 possible pattern options. If you have an account with us, put them in your wishlist for ease of reference.

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| --- | --- | --- |
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Write down names here

* + - 1. Go to suitable fabrics and browse and select 3 possibilities and/or add to your wishlist.

|  |  |  |
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Write down names here

* + - 1. Go back to point 3 and remind yourself of the colours and garments you are lacking in your wardrobe.

|  |  |
| --- | --- |
| 1. Which pattern best fits? |  |
| 1. Which fabric best fits? |  |
| 1. Note down fabric amounts and notions from pattern details |  |
|  |  |
| 1. Purchase pattern, fabric and notions all together to ensure you can start making straight away. | |
| 1. Feel confident in your purchase and that you’ve considered your products carefully. | |

Share your makes with us on Instagram @robeandrouge #wardrobeandrouge